



Republic of the Philippines
QUEZON CITY COUNCIL
Quezon City
17th City Council

PR2009-289

69th Regular Session

RESOLUTION NO. SP **4703**, S-2009

A RESOLUTION DECLARING EVERY 4TH MONDAY OF SEPTEMBER AS FAMILY MEAL DAY IN QUEZON CITY IN SUPPORT OF THE IMPORTANCE OF FAMILY SOLIDARITY.

Introduced by Councilors JOSEPH P. JUICO, FRANCISCO A. CALALAY, JR., BERNADETTE HERRERA-DY, DOROTHY A. DELARMENTE, VICTOR V. FERRER, JR., RICARDO T. BELMONTE, JR., WINSTON "Winnie" T. CASTELO, RAMON P. MEDALLA, ALLAN BUTCH T. FRANCISCO, VOLTAIRE GODOFREDO L. LIBAN III, EDEN "Candy" A. MEDINA, AIKO S. MELENDEZ, JORGE B. BANAL, JR., FRANZ S. PUMAREN, WENCEROM BENEDICT C. LAGUMBAY, DANTE M. DE GUZMAN, DIORELLA MARIA G. SOTTO, JAIME F. BORRES, ANTONIO E. INTON, JR., JESUS MANUEL C. SUNTAY, JANET M. MALAYA, EDCEL B. LAGMAN, JR., VINCENT DG. BELMONTE, RESTITUTO B. MALAÑGEN, CONCEPCION S. MALAÑGEN and ALEXIS GRACE R. MATIAS

WHEREAS, Section 1, Article XV of the Philippine Constitution provides that the State recognizes the Filipino family as the foundation of the nation;

WHEREAS, Presidential Proclamation No 60, dated September 1992, declared every last week of September as the National Family Week;

WHEREAS, research at Columbia University reports that communication occurs over the course of a meal is critical in building relationship between parents and their children and help parents understand the challenges children face;

WHEREAS, declaring every 4th Monday of September as Family Meal Day encourages the members of the family to be home early to enjoy their dinner together;

WHEREAS, family meals encourage parents to frequently eat dinner with their children and stay connected, help parents understand the challenges their children face and children who frequently eat dinner with their parents are more likely to get better grades in schools, eat healthy and abstain from smoking, drinking and using prohibited drugs;


WHEREAS, Family Meal Day addresses the challenge of restoring family solidarity.

NOW, THEREFORE,

BE IT RESOLVED BY THE CITY COUNCIL OF QUEZON CITY IN REGULAR SESSION ASSEMBLED, to declare, as it does hereby declare, every 4th Monday of September as "Family Meal Day" in support of the importance of family solidarity.

RESOLVED, FURTHER, to furnish the Social Services Development Department and other concerned agencies a copy of this Resolution for their information, guidance, reference and appropriate action.

ADOPTED: September 14, 2009.


HERBERT M. BAUTISTA
Vice-Mayor
Presiding Officer

ATTESTED:


DOROTHY D. LAGRADA, DPA
City Secretary

CERTIFICATION

This is to certify that this Resolution was APPROVED by the City Council on Second Reading on September 14, 2009 and was CONFIRMED on September 28, 2009.


DOROTHY D. LAGRADA, DPA
City Secretary